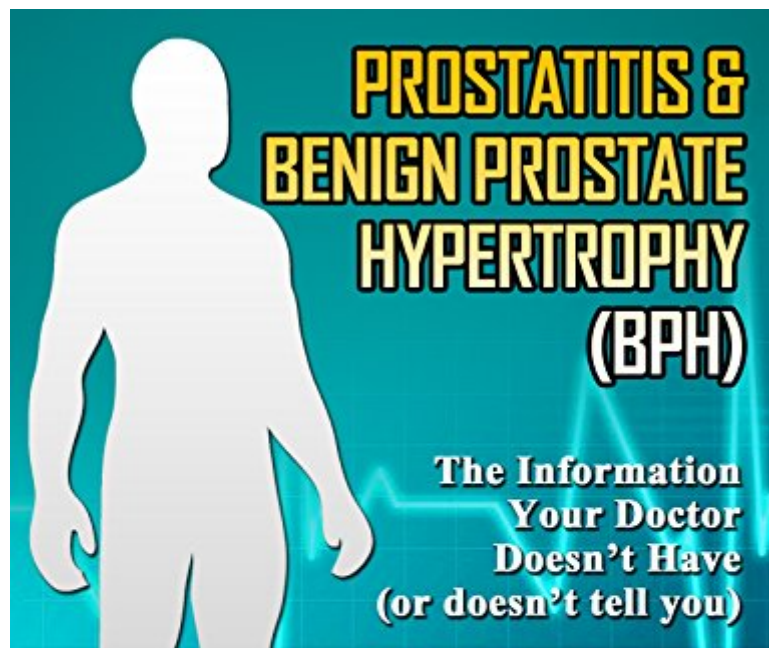


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# Prostatitis & Benign Prostate Hypertrophy (BPH): The Information Your Doctor Doesn't Have (or Doesn't Tell You)



SHANE CARAWAY, CHN, CPT



## Synopsis

A plague among men, prostatitis in any of its many forms is wrongly characterized and misunderstood. Understanding the root causes of this issue is the first step to living a symptom-free life. I analyze the various potential causes and then outline lifestyle and dietary changes, as well as supplements, that can help.

## Book Information

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